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The book is written by Alia Macrina Heise, IBCLC who has been the forerunner in discovering and identifying D-MER since 2007. It includes a preface by internationally renowned lactation author and presenter, Diane Wiessinger, MS, IBCLC and is edited by Dr. Marcelina Watkinson, DCLinPsy who did the first qualitative research study on D-MER.

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