

Download Online Boek Nederlands New Dad's Playbook - Benjamin Watson



Download online boek Nederlands New Dad's Playbook Benjamin Watson , When it comes to the unknown territory of having a baby, moms-to-be have nearly unending resources to plan and execute a healthy pregnancy and navigate those first months and years as a parent with confidence. New dads? Not so much. They want to get in the game too, but, says Super Bowl champion Benjamin Watson, "I could find clearer direction for putting together a baby swing than for taking care of a newborn child."

The New Dad's Playbook is every man's game plan to being the best partner and the best father, from pre-season (preparing for fatherhood) to Super Bowl (birth) to post-season (after baby is home). It helps men understand what their wives are going through physically and emotionally during and after pregnancy, allowing them to support their most important teammate. It tells men what to expect when their baby is home--and what to do when the unexpected happens. This tell-it-like-it-is book will take men from just winging it to winning it.

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