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THE INSPIRATIONAL PARENT

The Magical INGREDIENTS FOR
EFFECTIVE PARENTING



ALEX URBINA

Download online boek Nederlands The Inspirational Parent Alex Urbina , TEEN AND PARENTING EXPERT SHARES HIS WISDOM AND INSIGHT WORKING WITH THOUSANDS OF TEENS, PARENTS AND FAMILIES ALL OVER THE WORLD; TO HELP YOU BECOME MORE EFFECTIVE IN PARENTING

"Alex speaks to the power of conscious parenting and the ways in which it can irrevocably transform not only the parent and the child, but the entire planet."

- Dr. Shefali Tsabary

World Renowned Parenting Expert

NYT bestselling author of *The Awakened Family*

Clinical Psychologist and International Speaker

Do you remember those days when your child looked at you with those admiring eyes?

Do you remember when they used to ask you questions, always seeking answers from you, always wanting to know your opinion; eager to learn from you?

What happened to that child?

I tell you this, that child is still there.

They are quietly and patiently waiting for the day you to invite them back into a new and empowering relationship with you. One that fosters a new context, filled with love, understanding, compassion, and inspiration.

Most young children, teens, and young adults desperately yearn for a new and improved relationship with their parents, most are either just too afraid to ask for it, doubt that it is possible, or have given up seeking it from you.

This book will take you on a journey of transformational growth, and inspire you to re-discover the inner qualities that you already have within yourself, to create deep meaningful relationships with your children, such that they get inspired by your courageous efforts and leadership.

I have gathered some of the best trainers and life coaches in the field of personal transformation and have asked them to share their years of insight and wisdom with you.

Dr. Ray Blanchard, Bettie J. Spruill, Charlene Afremow, Raphael Natale, Gabriel Nossovitch, Sue

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~~Keith, Terilynn Werner, Patricia Villamil, Joe Amara, Wendy Amara, Kelly Sanchez, and Roxy Hernandez~~

This book was written for you; the committed parent. To help you awaken yourself to the next level of conscious parenting and help you create extraordinary results for you, your children and your family.

I invite you to embark on this incredible and courageous journey with me.

- Alex Urbina

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