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Download online boek Nederlands The Style Diet Anna Saccone , When I was a teenager I wasn't very confident about my body, as I went from a skinny child to a curvy woman in a very short space of time and at quite a young age. I didn't know how to dress my body and wished there was someone or something around at that time to show me how I could use clothes to feel better about the way I looked! Now I love my curves and have learned to embrace them - I wish to show young girls that any shape or size can look stylish! That is why I wrote The Style Diet - a style book for girls! It's full of practical tips and tricks on styling, confidence and healthy body image.

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